



American Foundation for Suicide Prevention



Presented By:



Welby Edwards  
(812) 288-9393



ECO-CELL



## Participant Information

Thank you for supporting the American Foundation for Suicide Prevention by participating in Louisville's 2009 Out of the Darkness Walk. Persons who register for the walk and raise \$30.00 in pledges will receive a walk t shirt.

**The 5k Course** begins on Witherspoon at the entrance of the Campus near the Dancing Waters & Donor Wall.

Runners/ joggers please stay to the right hand side of the course, walkers to the left.

When you finish the walk/ run, please make your way back to Campus and join us in the celebration; visit the booths, enjoy the music & refreshments!

**Registration:** You can still register on-line at <http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&Details&eventID=828&destination=E>

Registration will be separated into two (2) designated areas:

Pre-Registered AND Walk-Up Participants

**Payment:** If you are turning in money the day of the walk we accept cash, check and credit cards.

*All checks should be made out to AFSP.*

**Parking:** Free on street parking at meters throughout the area on Saturday. Free parking in the Orange & Green lots.

### Race Day Highlights

8:30a- 10a- Registration

8:45a- Announcements

9a- Mid Life Crisis Band

Booths:

SOS- Survivors of Suicide

AFSP- OTD wristbands and AFSP ribbon decals

Sparkle: SOS/ AFSP jewelry (special order available)

Survivors of Suicide Quilt

10a- 5k Walk / Run

11a- Entertainment & Refreshments



**Help us keep the city's park clean and place trash in trash cans  
Recycle plastic bottles & any other items in the recycle containers**



*Please remember to dress in clothing appropriate for the weather*